

YMCA of Southwestern Indiana

2011 Evansville Half Marathon Team 13 Training Routes from Wesselman's

[Mileage is approximate and may vary by type of GPS device utilized while on-route]

	Mileage	
	Point to Point	Cumulative
3 miles - July 12 through August 2 and October 4		
Depart shelter house on main park road to exit, crossing Boeke onto Iowa/Alvord	-	-
STR on Alvord crossing Lloyd Expressway via overpass to Harper School	1.0	1.0
STR on Alvord to Lincoln	0.5	1.5
Turn around and return STR on Alvord to Lloyd	0.5	2.0
Cross Lloyd via overpass back onto Alvord	-	2.0
STR on Alvord/Iowa returning to shelter house crossing at Boeke onto main park road	1.0	3.0

	Mileage	
	Point to Point	Cumulative
4 miles - August 9 through August 30		
Depart shelter house on main park road to exit, crossing Boeke onto Iowa/Alvord	-	-
STR on Alvord crossing Lloyd Expressway via overpass to Harper School	1.0	1.0
STR on Alvord to Washington	1.0	2.0
Turn around and return north STR on Alvord to Lloyd	1.0	3.0
Cross Lloyd via overpass back onto Alvord	-	3.0
Follow Alvord/Iowa returning to shelter house crossing at Boeke onto main park road	1.0	4.0

5 miles - September 6 through September 27	Mileage	
	Point to Point	Cumulative
Depart shelter house on main park road to exit, crossing Boeke onto Iowa/Alvord	-	-
STR on Alvord crossing Lloyd Expressway via overpass to Harper School	1.0	1.0
STR on Alvord, to R on Bayard Park	0.7	1.7
STR on Bayard Park, to L on Lant Circle	0.7	2.4
Quick L on Southeast Blvd	0.1	2.5
STR on Southeast Blvd. to L on Blackford	0.3	2.7
STR on Blackford to L on Alvord	0.4	3.1
STR on Alvord to R on Chandler	0.1	3.2
STR on Chandler to L on St. James	0.4	3.6
STR on St. James to L on Sycamore	0.7	4.3
STR on Sycamore to R on Boeke	0.2	4.5
STR on Boeke to R into Wesselman Park	0.5	5.0
Return to shelter house on main park road	0.2	5.2

The YMCA of Southwestern Indiana, following the example of Jesus Christ, responds to community needs by serving all people, especially youth, through relationships and activities that promote healthy spirit, mind, and body.